



MARK TIMES

September 9, 2018 + Sixteenth Sunday after Pentecost



From Your Parish Nurse...

As the Faith Community Nurse/Parish Nurse for St. Mark, I would like to welcome all of our new members who have recently transferred from Peace Lutheran. I hope to get to know you better in the future. Below is a brief overview of what it is that I do for the congregation. I am employed by St Mark through Deaconess Nurse Ministry. The mission of Deaconess Nurse Ministry is to improve and promote the health of body, mind, spirit and community throughout the St. Louis region. We are carrying on the mission of the original Deaconess sisters of Deaconess Hospital. We like to say, everyone deserves care.



I offer **blood pressure checks once a month after church**. It is usually the 3rd Sunday, but can vary. I work with Pr. Brian to visit shut-ins and other folks that need visits. I do **not** provide “hands-on” nursing care (so, I’m not going to change your dressings!). There is no charge to you for my services. I can listen to your concerns, answer questions that you may have about health-related topics and pray with you.

I try to arrange **education opportunities** for the congregation on occasional Sunday mornings. In the past we have had a speaker from the Alzheimer’s Assoc, a pharmacist and a dietician. I am always looking for good topics, so if you have any ideas or know someone that would be a good speaker, let me know.

I work in the **food pantry** on Tuesday & Thursday mornings. I offer blood pressure and blood sugar screenings to the clients. Mostly I just listen to the concerns of the clients. I try to help with **referrals** to community services as I am able. Often just a kind word goes a long way. Several clients have told me that their health care provider was amazed that a nurse checks blood pressures at a food pantry.

To assist with my work in the food pantry, I attend 2 meetings sponsored by the city of Belleville. I attend the **homeless backbone** meetings. With the city and the Salvation Army, this group is working toward opening a center on west Main for the homeless to get services in Belleville. I keep the congregation updated on plans and how we as a church can help.

I also attend a community development meeting put on by the city of Belleville. The July meeting was at St Mark/St George. The group was amazed at the services the two churches provide. We are a center for Meals on Wheels distribution and have the food pantry. By attending this meeting, I meet potential service providers for the clients of the food pantry and the congregation. I stay up to date on what is going on around us in the community and how we can be of service.

I hope this gives everyone an idea of what I do for the congregation. Feel free to contact me at 977-4389. If I don’t answer leave a message and I will get back to you. Please seek help through 911 for medical emergencies. – *June Benedick, RN*

Pastor on Vacation

Pastor Brian will be on vacation this **Friday, September 14 through Sunday, September 16. Seminarian Brian Moeller will be on call in case of pastoral emergency.** His number is 618-792-0835.



“God’s Work. Our Hands.” Sunday

The ELCA-wide day of service is **TODAY, September 9**. After worship we’ll have a number of activities for service to our community: picking up trash around the neighborhood; “tagging & bagging” fiber arts items; and for the kids, making cards to be delivered to our homebound and nursing home resident members. Please plan to join us!

ST. MARK LUTHERAN CHURCH

THIS WEEK AT A GLANCE

Thursday	7:00PM	Bells Rehearsal
	8:00PM	Choir Rehearsal
Friday, 9/14-9/19		<i>Pastor on Vacation</i>
Sunday, 9/16	9:00AM	The Divine Liturgy
	10:30AM	Sunday School

Offerings for September 2, 2018

Sunday worship attendance:	93
Shine worship attendance:	16
General Fund Donations	\$3,187

Date	Offerings	Expenses	Difference
Sept. MTD	\$3,187	\$907.23	\$2,279.77

Mark Your Calendars Now! Our second **Pumpkin-Palooza Bake Sale** will be all Sunday morning, **November 11**. Proceeds benefit the St. Mark/St. George Food Pantry. The bake sale is a combined effort of members from both St. Mark and St. George. Last year's bake sale raised over \$800!

FROG Gathering Sept. 22!

Hop over to the Parish Hall on Saturday, **September 22** from 1-3PM for the first get-together of the fall for our **Families Relying on God** group (families w/children in 5th grade & younger). We're going to tie-dye our new FROG t-shirts and have a SUPRPRIZE activity! RSVP to Anita R. at 420-2838.

Randi's Office Hours

Our Office Manager, Randi, is in the office...

Mondays: 8:30AM-1PM; Tuesdays: 8AM-12PM;
Wednesdays: 12:15-2:15PM; Thursdays: 8AM-1PM;
Fridays: 12:15-2:15PM; Saturdays: TBD.

*The church office is closed for all Federal Holidays.

**Henry Evans of St. George's is generally in the office from 9AM-3PM, Monday-Friday.

LOOKING AHEAD

Sunday, September 16, 2018

LESSONS:

Isaiah 50:4-9a
Psalm 116:1-9
James 3:1-12
Mark 8:27-38

WORSHIP SERVERS

Presider & Preacher: The Rev. Wayland Middendorf

Assisting Minister: Greg M.

Acolyte: Grace M.

Crucifer: Rex R.

Chalice Bearer: Tom P.

Lector: Cheryl N.

Ushers: Frank D. & Jason M.

Bell Choir Evaluations

If you served on the **bell choir** last season, the Pastoral Care Committee would like to encourage you to complete an evaluation form for Jill Thompson, our bell choir director. **These blue forms can be picked up from/returned to Jan Richards.** Thank you!

**Food Pantry Needs**

Our food pantry is in need of **CANNED FRUIT**. Donations in any amount will be helpful. Please bring donated items to the office or put them on the table in the Welcome Area.

**LST Class at St. Mark**

"The World of Paul: Seeking to Understand the Writings of Apostle Paul by Understanding his Times", Four Mondays from Oct 1 through Oct 22 from 7:00-9:30 pm. Taught by the **Rev. Blake Duncan** at St. Mark. Tuition: \$60 if *received* by Sep 21, \$65 after Sep 21. For more information or to register, call the Lutheran School of Theology office at: **(314) 918-2556** or email: registrar@lststl.org

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