



MARK TIMES



January 6, 2019 + The Feast of Epiphany

St. Mark Table Talk

Bring a lunch and join us in the conference room at 11:30AM **THIS Wednesday, January 9** for our monthly Bible study. This month's topic is *Who were the Magi?*, led by Pastor Brian.



Jr. & Sr. TURTLEs Laser Tag on Friday Youth in **grades 6-12** are invited to an evening of Laser Tag at the EDGE in Belleville **THIS Friday, January 11**. Meet at **the EDGE** at **6:30pm** and bring **\$20** for laser tag; pizza will be paid for through the youth group. Please RSVP to Melanie.



Come and help us **UNDECORATE THE CHURCH** on Saturday, **January 12** at **9:00AM!**

Passing the Altar Guild baton

The new year begins with a new director of Altar Guild for St. Mark. Kathy Evans has graciously accepted this leadership role. Thank you Kathy! It has been my pleasure to serve in this capacity for oh-so-many years. Now it is time at last to step down. I thank St. Mark for the opportunity to serve, and I thank all those wonderful ladies (and one gentleman!) who made the Altar Guild run so smoothly (Good trivia question: who was that one man?)



- Kathy Rothgangel



Trivia Night 2019! Shake off the holiday fog at Lutheran Campus Ministry's annual trivia night on **Saturday, February 2** at 6:30PM! Register at <http://lcmstl.org/trivia/> \$20 per person or \$160/table of 8.

THANK YOU TO PEACE! On behalf of the entire St. Mark congregation & Council, we would like to extend a most sincere THANK YOU to the former members of Peace Lutheran Church for their significant and generous financial gift to St. Mark. After the sale of their facility, Peace gave substantial monetary gifts to several nonprofit agencies (our joint food pantry was also a recipient). The Church Council will continue to ponder how to put this gift to good and faithful use. Once again thank you, and may the Lord guide us in applying the use of this gift to further the work of God's kingdom.

From Your Parish Nurse...

In Jill Thompson's recent letter to the congregation she used the term "aging in place." So, what is "aging in place?" The definition I found says "aging in place is when a person makes a conscious decision to stay in the home of their choice for as long as they can, with the comforts that are important to them."



Plans to age-in-place can start at any point in life. However, the earlier started the better. Waiting until it becomes urgent & life-changing can cause stress to all involved.

Builders are now building homes with aging in place in mind. Wide hallways and doorways allow for the use of a wheelchair in the home. A master bed and bath on the first floor eliminates steps. A zero-entry shower with a fold down bench makes bathing easier. A zero-entry entrance makes access to the house easier.

As the baby boomer generation ages, aging in place becomes more important. Modifications can be made to existing homes. I have found two websites that give information on aging in place and things to consider. www.2020spaces.com has an aging in place design checklist. The National Association of Home Builders website www.nahb.org also provides information on aging in place and can refer you to a certified aging in place specialist.

This article only covers the housing part of aging in place. Other topics to consider are transportation, legal needs, finances, technology, staying mobile and maintaining lifestyle.

-June Benedict, RN

Music Program Update With Jill's retirement, our music program will be handled on an interim basis by Charlie Duncan directing the choir and John Andersen directing the bell choir. The worship planning committee will also expand to include more members.

Offerings

December 30, 2018

Sunday worship attendance: 94
General Fund Donations: \$3,770
Ed Townsend Memorials:
\$50

Month to Date

December Offerings: \$23,676.51
Expenses: \$19,097.52
Difference: \$4,578.99

2018 Totals

Gen. Fund Income: \$193,039.48
Expenses: \$178,639.22
Difference: \$14,400.26

Next Sunday's Worship Leaders

Sunday, January 13, 2019

Presider & Preacher: The Rev. Brian M. Robison

Assisting Minister: TBD

Acolyte: Renee S. **Crucifer:** Keith K.

Chalice Bearer: Braden V. & Barb W.

Lector: Jim M. **Ushers:** Danielle T. & Jim M.

Basket Holders: Renee S. & Jaxson R.

SCRIPTURE LESSONS:

Isaiah 43:1-7 Psalm 29

Acts 8:14-17 Luke 3:15-17, 21-22

Weekly Health Tip! January is **National Traumatic Brain Injury Awareness Month**. Wear a properly fitted helmet appropriate for the activity.



Electronic Giving is a convenient way to provide consistent financial support to St. Mark, **even when you're out of town**. Please contact the church office to learn how you can participate!

Prayer Requests If you have friends/loved ones that you'd like to be remembered in the Prayers of Intercession during worship, **or** if a name can be removed from the list, please notify Pastor or Randi.



Gift Cards are Back! Check with **Jan D., Evelyn D. or Melanie R.** after church for gift cards available for purchase through the TURTLEs youth group. The TURTLEs get a % of each order!



Did You Know.... any issues related to the work of the paid staff (**office manager, choir director, organist, Parish Nurse**) should be brought to **Pastor Brian** (their supervisor) or a member of the Pastoral Care committee. Issues with the **pastor** should be brought to the pastor's attention or to the **Pastoral Care committee**. The **sexton/custodian** is an employee of St. George's Episcopal Church, and issues related to his work should be brought to Henry Evans (St. George's office manager).

THIS WEEK AT A GLANCE

Monday	2:00PM	Fiber Arts @ Westfield Manor
Wednesday	11:30AM	Table Talk: <i>Who were the Magi?</i>
Thursday	7:00PM	Bells Rehearsal
	8:00PM	Choir Rehearsal
Friday	6:30PM	Jr & Sr. TURTLEs Laser Tag @ the Edge
Saturday	9:00AM	Undecorating Party
Sunday, 1/13	9:00AM	The Divine Liturgy for Epiphany
	10:20AM	Coffee & fellowship
	10:30AM	Sunday School

WE PRAY FOR THE ILL AND CONFINED

St. Mark Parishioners

Ken Augustine
Kathryn Bjornstad
Gary Dozier
Mike Foppe

Lila Frerichs
Geri Jolley
Bruce Martens

Bob McConnell
Don Muller
Tim Richards

George Shafer
Richard Shroat
Gary Weshinskey
Bea Whiteside

Family and Friends

Lavone Alvarez (friend of the Hinkles)
Judy Betz (friend of Mary Skifton)
Marilyn Billings (aunt of the Martens' family)
Joe Bohnenstiehl (nephew of Amanda Kilzer)
Christine (Private prayer request)
Hudson Combs (family of Robinsons)
Johnell Cook (stepmother of Carolyn Simard)
Cheryl Ellison (mother of Julie Valerius)
Katrina Fenner (friend of Art Engelage)
Joni Giordano (friend of Barb Wurdinger)
Asia Graham (friend of the Kilzers)
Margy Groennert (aunt of the Martens'
Stephanie Groennert (cousin of the Martens'
family)
Dennis Herbert (friend of the Robinsons)
Arlene Hunt (friend of the Robisons)
Imogene Kuykendell
(friend of Lucy Montgomery)
Kyle Langrehr (friend of Curt Gansmann)
Pat Likness (mother of Jan Dressel)

Allen & Mary Jane Martens (uncle/aunt of the
Martens' family)
John Martfeld (friend of Ruth Carnaghi)
Dorothy May (mother of Jan Richards)
Pr. **Ron** Neustadt (friend of St. Mark)
Jim Outland (family of Anita Robinson)
Tim & Missy Partelow & family (brother of Tom)
Jeff Pence (brother of Pam Clark)
Darnell Rideout (stepfather of Mike Cardoza)
Eileen Robertson (niece of the Shafers)
Darrell Robinson (husband of Anita Robinson)
Dave Schaaf (former parishioner)
Stefanie Schroeder (friend of St. Mark)
Kris Whitley (sister to Kim O. & Kathy R)
Cody Willard (friend of the Duncans)
David Wilkey (son of June Isselhardt)
Linda Wrisley (sister of John Downing)
Jane (friend of Julie Valerius)

THANKSGIVINGS AND INTERCESSIONS

We pray for those who celebrate their birthday this week:

Diane Maes (1/7), **Mike Foppe** (1/7), **Peggy Andersen** (1/9),
Jill Thompson (1/9), **Billie Glueck** (1/10), **Bea Whiteside** (1/10),
Taylor Currie (1/10), **Devin Kilzer** (1/10), **Craig Whitaker** (1/10),
Lila Frerichs (1/12), **Steve Bamvakais** (1/12),

ST. MARK LUTHERAN CHURCH

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