

MARK TIMES

NEWS and NOTES for July 13, 2025

Monday, July 14: 9:30AM Health & Wellness meeting – conference room

Thursday, July 17: 6:00PM Yoga – Parish Hall

Pool Party and Picnic on 7/29!

The Evangelism & Social Ministry committee invites you to our first St. Mark pool party and picnic, hosted by **Westhaven Pool & Racket Club** (1513 S. Illinois Street, Belleville) on **Tuesday, July 29** from **4:00-8:00PM!**



Food and drinks will be **available to purchase on-site** (no outside food and drink allowed).

The **pool** will be open and ready to help us tackle the late July heat. **Pickleball** courts will be available from 4-5:30pm and again from 7-8:00pm.

*This event will take the place of our annual August/September church picnic, so **bring your table games** and reignite those rivalries!

Admission is FREE! Sign-up on the sheets in the narthex or downstairs in the Parish Hall.

Belleville Summer Sack Lunch Program providing **free lunches for low-income kids!**

Donations: Individually packaged Cheez-Its, chips, pretzels, nut-free cookies, and juice pouches (e.g., Capri Sun). Drop off at church or contact **Sherri Foppe** for other arrangements.

+ **Monetary gifts welcome:** Give to Sherri, Ann M., or online: secure.myvanco.com/L-YT91/campaign/C-15AC7

+ Volunteers Needed for...

Packing: Wednesdays, 5–5:45 PM @ Westview Baptist

Delivery: Thursdays, 10:35 AM–1 PM

Dates: June 4–Aug 7 (weekly)

+ Sign-up in Parish Hall!

Info: Sherri (618)791-6148 | cookinsherri2@gmail.com or Ann (618)235-7762 | ga72mart@charter.net




Summer Sack Lunch Mini Traveling VBS – Program Concludes This Week!

THIS Thursday, July 17 from **11:20AM-12:30PM**, the Evangelism/Social Ministry and Christian Education teams conclude part 2 of our **mini traveling VBS** during the Summer Sack Lunch deliveries.

The program at the distribution site includes a 20-minute program featuring **Bible heroine Queen Esther**, with a story/skit, craft or game, and possibly music.

Volunteers Needed! The only requirement is a heart to serve!

 Sign-up sheets are in the Parish Hall (with the Driver/Co-Pilot and Lunch Packers sheets).

Offerings (6/29 & 7/6): Gen. Fund: **\$5,108**; D. Ness Memorials: \$100; Summer Lunches: \$297.43; Coffee Hour: \$41

School Supply Collection!

Believe it or not, it will soon be Back-to-School time! We will again collect **school supplies** to support Franklin Elementary. **Collections run through August 3.** A box and can are in the narthex/Canterbury Room. Items needed: **plastic 3-prong folders - all colors; 24 count crayons; standard 10 count markers; ear phones/ear buds for computer use; dry erase markers - all colors; high-lighters - all colors; facial tissues; baby wipes; quart and gallon zip-lock bags; glue sticks; sharpies; water colors; 3 ring binders 1" - 3".** And **cash**, of course, is always helpful!

They do **NOT** need: spiral notebooks; loose-leaf paper; rulers; Elmer's glue; ballpoint pens; pencils.

Coffee Hour Teams

Being on a Coffee Hour team is not just "bringing snacks and making coffee;" it is a **ministry of service and hospitality** to our members and guests that is MUCH appreciated. If you would like to serve on a coffee hour team, or be a captain, or make a change to a different role on a team, please contact Melanie Robison in person or at 314-265-8722 or melanierobison@earthlink.com.



Guys' Nite Returns in 2025!



St. George's and St. Mark are inviting all the guys for an evening hangout on **Friday, August 22! Events** will start at **5pm** with **dinner at 6pm**, complete with brats, sides, beer, and desserts. **New** in 2025: **INDOOR** options as well, including cards, board games, and more! Returning in 2025: Pickleball on Jackson Street! Look for official sign-up sheets soon, along with other updates and details. Save the date and alert your guys!

Heroes & Hand-Me-Downs: The Great Church Lot Bash is coming to a big parking lot near you! Watch for more information coming soon about this community event on **Saturday, September 13 from 10am-2pm** featuring a **tailgate sale**, "touch the trucks," and maybe a few **superheroes** dropping in!



The Joint Safety Committee is sponsoring a class on **Saturday, September 20** from 9am-1pm. **Chestnut Health Systems** will present information on *Mental Health, Substance Abuse/Narcan and Suicide Awareness/Prevention*. A sign-up sheet will be available later in the summer.

Stay Safe this Summer. Pt. 1

Summer is a great time for fun and relaxation, but it's also important to stay safe. Here are some **summer safety tips** that will help to make your summer more enjoyable and you healthy!

Sun Safety

- **Use sunscreen:** SPF 30 or higher, reapply every 2 hours.
- **Wear protective clothing:** Hats, sunglasses, and long sleeves when possible.
- **Avoid peak sun hours:** Stay in the shade between 10 a.m. and 4 p.m.

Hydration

- **Drink plenty of water:** Especially if you're active or in the heat.
- **Avoid sugary or alcoholic drinks:** They can dehydrate you.
- **Eat water-rich foods:** Like watermelon, cucumbers, and oranges.